



This month...

Pollution protectors



It's time to stand up to the invisible ager invading your skin, says Beauty Editor and smog dodger **CASSIE POWNEY**



Dr. Barbara Sturm Anti-Pollution Drops, £105 This hydrating, fast-absorbing serum contains a marine bacteria ferment that clings to and deactivates cell-damaging airborne nasties, such as the carbon in car fumes and heavy metals emitted from coal burning. Its price reflects the impressive ingredients list, but having to use a full pipette at a time means you'll be digging around for dregs within a month.

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Chanel D-Pollution Essentiel Daily Protection Mist, £48 Can a refreshing, super-fine mist (however regularly applied) really create the same pollution-tight film as a serum or fluid? No, according to some experts. But if money were no object (and pollution a big enough paranoia), I would apply my heavy-duty pollution shield first, then use this to top up at my desk throughout the day.

Editor's pick...

BareMinerals Complexion Rescue Defense Radiant Moisturiser SPF30, £35 A mineral-based SPF that sinks in quickly and gives a subtle glow. Among its pollution-fighting agents is cocoa-seed extract (also found in Dr. Sturm's) to bat back the ageing blue light from your computer screen. The SPF makes the texture slightly tacky, but this ticks too many boxes not to be my winner.



Ultrasun Brightening Anti-Spot And Anti-Pollution Face Fluid SPF50+, £28 There's no point blocking entry to pesky pollution then letting UV rays (responsible for the majority of skin-cell-damaging free radicals) step in and duff up your skin instead. Again, with such high SPF comes a slight tackiness to the skin, but if you're down with no-frills skincare, this is one to trust.



Lavera Hydro Effect Serum, £19.95 With its barely-there texture, great price point, certified organic stamp and anti-pollution complex, this was looking like a hot contender. Then I spotted alcohol as the second ingredient (organic, but still alcohol). Yes, certain alcohols *do* have a place in skincare (they can help to preserve other ingredients and speed up their absorption), but in a product that claims to strengthen the skin's natural armour? I'm steering clear.

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